

# Bradley-Bourbonnais Community High School Aquatic Program Information

## Summer 2009

### CHILDREN'S SWIMMING LESSONS

These classes are designed to provide children age 5 and up some water skills. The classes are taught by American Red Cross certified water safety instructors. Classes follow the American Red Cross guidelines or progression from Level I to Level VI as well as Longfellows Whales Tales, and Community Water Safety.

\$50 Resident

\$73 Non-Resident

Session I June 8 – 25 (14 classes)

9 a.m. – 9:45 a.m.  
9:45 a.m. – 10:30 a.m.  
10:30 a.m. – 11:15 a.m.  
11:15 a.m. – 12:00 p.m.

Session II June 29 – July 17 (14 classes)

9:00 a.m. – 9:45 a.m.  
9:45 a.m. – 10:30 a.m.  
10:30 a.m. – 11:15 a.m.  
11:15 a.m. – 12:00 p.m.

### PARENT-TOT

These classes are designed for children 3 months to 5 years of age to learn simple progressions that will start them on the way to a safe and enjoyable life of fitness around an aquatic environment. A parent accompanies the child in the water, and emphasis is on teaching both child and parent simple progressions.

\$33 Resident

\$56 Non-Resident

Session I June 2 – July 7 (7 classes)

Tuesdays 6:15 p.m. – 6:45 p.m.

Session II July 14 – August 25 (7 classes)

Tuesdays 6:15 p.m. – 6:45 p.m.

### SWIM AEROBICS

A program designed to improve muscle tone, heart and lung capacity as well as flexibility through a series of aquatic exercise. An adult class geared toward individual needs.

\$40 Resident

\$63 Non-Resident

Session I June 8 – July 8 (10 classes)

Mon & Wed 7:15-7:45 p.m.

Session II July 13-August 12 (10 classes)

Mon & Wed 7:15-7:45 p.m.

### CHILDREN'S DIVING LESSONS

This class offers children ages 5 and up a chance to learn the basics of diving. Stance, approach, hurdle, aerobatics and entry into the water are the emphasized fundamentals.

\$50 Resident

\$73 Non-Resident

Session I June 8 – 25 (14 classes)

12:00 p.m. – 12:45 p.m.

Session II June 29 – July 17 (14 classes)

12:00 p.m. – 12:45 p.m.

### **SCUBA AND SCUBA RANGERS**

PURR-FECT SCUBA professional staff provides the lessons. Now is the time to experience scuba diving at a reasonable price. Register with PURR-FECT SCUBA at 815-937-1413. Times and dates to be announced.

### **DOLPHINS SWIM CLUB "AGE GROUP SWIM TEAM"**

If you enjoy water sports and conditioning, then this club is for you. The Dolphins swimming team is for girls and boys of all ages. Many times individuals who have had no previous experience in competitive swimming feel that they are not good enough to be on the swimming team. This is not true! If you can swim the width of the pool, you can be a Dolphin. Practice times, fees and a meet schedule will be available at the pool.

### **POOL RENTALS**

The pool is available for your group's social event. Prices are determined by the size of the group. (minimum two-hour rental required)

Group of 19 or less	\$65 per hour
Group of 39 or less	90 per hour
Group of 59 or less	115 per hour
Group of 79 or less	140 per hour
Group of 99 or less	165 per hour

### **FACILITIES**

Please park in the North parking lot while using the facilities. Patrons must provide their own locks and towels. Locks may not be left on overnight.

### **SPECIAL EVENTS**

At various times during the year, the pool may be closed because of a very special event such as a swim meet. Signs and schedules are posted at the pool informing the public of such events

### **REGISTRATION**

Registration for all swim programs will take place **during the open swim and adult swim times**. Please call the pool office at (815) 936-0869. The BBCHS pool reserves the right to cancel any program due to lack of registration with a full refund. All classes have set limits to assure quality instruction.

### **PRIVATE LESSONS**

Private lessons are available and can be arranged by contacting the Aquatics Director, Scot Boudreau at (815) 936-0869 or (815) 937-3742 ext. 3742

Residents \$20 per ½ hour  
Non-Residents \$28 per ½ hour

**Registration will be held at the BBCHS Pool during the open swim and adult swim times.**

Note: Current BBCHS pool policy states that all children 7 & under must be accompanied by an adult in the water.

# **BBCHS POOL INFORMATION**

## **Summer 2009**

### **OPEN SWIM**

Monday thru Saturday 1 p.m. - 3 p.m.  
Tuesday & Thursday Evenings 7 p.m. - 9 p.m.

### **ADULT LAP SWIM**

Monday through Friday 5:45 a.m. - 6:45 a.m.  
Monday & Wednesday Evenings 7 p.m. - 9 p.m.  
Monday thru Saturday 12:00 p.m. - 1 p.m.

### **DAILY RATES**

Residents \$3 per person  
Non-Residents \$4 per person

### **YEARLY POOL RATES**

Senior Citizen	\$5	Non-Resident	\$35
Single	\$55	Non-Resident	\$83
Family	\$83	Non-Resident	\$108

(replacement of lost pass \$4)