BRADLEY-BOURBONNAIS
COMMUNITY HIGH SCHOOL
AQUATIC PROGRAMS/INFORMATION

FALL/WINTER/SPRING 2009 - 2010

CHILDREN'S SWIMMING LESSONS

These classes are designed to provide children age 5 and up some water skills. The classes are taught by American Red Cross certified water safety instructors. Classes follow the American Red Cross guidelines or progression from Level I to Level VI as well as Longfellows Whales Tales, and Community Water Safety.

$50 Resident $73 Non-Resident

Session I September 12 – December 12
Saturdays (13 classes)
10:30am – 11:15am
11:15am – 12:00pm

Session II January 9 – April 3
Saturdays (13 classes)
10:30am – 11:15am
11:15am – 12:00pm

PARENT-TOT

These classes are designed for children 3 months to 5 years of age to learn simple progressions that will start them on the way to a safe and enjoyable life of fitness around an aquatic environment. A parent accompanies the child in the water, and emphasis is on teaching both child and parent simple progressions.

$33 Resident $56 Non-Resident

Session I September 8 – November 3
Tuesdays (8 classes) 6:15pm – 6:45pm

Session II November 10 – January 12
Tuesday (8 classes) 6:15pm – 6:45pm

SWIM AEROBICS

A program designed to improve muscle tone, heart and lung capacity as well as flexibility through a series of aquatic exercise. An adult class geared toward individual needs.

$40 Resident $63 Non-Resident

Session I Sept. 9 – Oct. 14
(10 Classes)
Mon & Wed 7:15–7:45pm

Session II Oct. 19 – Nov. 23
(10 Classes)
Mon & Wed 7:15–7:45pm

Session III Jan. 4 – Feb. 8
(10 Classes)
Mon & Wed 7:15–7:45pm

CHILDREN'S DIVING LESSONS

This class offers children ages 5 and up a chance to learn the basic of diving. Stance, approach, hurdle, aerobatics and entry into the water are the emphasized fundamentals.

$50 Resident $73 Non-Resident

Session I September 12 – December 12
Saturdays
12:00pm – 12:45pm

Session II January 9 – April 3
Saturdays
12:00pm – 12:45pm

SCUBA and SCUBA RANGERS

PURR-FECT SCUBA professional staff provides the lessons. Now is the time to experience scuba diving at a reasonable price. Register with PURR-FECT SCUBA at 937-1413. Times and dates to be announced.

DOLPHINS SWIM CLUB "AGE GROUP SWIM TEAM"

If you enjoy water sports and conditioning, then this club is for you. The Dolphins swimming team is for girls and boys of all ages. Many times individuals who have had no previous experience in competitive swimming feel that they are not good enough o be on the swimming team. This is not true! If you can swim the width of the pool, you can be a Dolphin. Practice times, fees and a meet schedule will be available at the pool.

POOL RENTALS

The pool is available for your group's social event. Prices are determined by the size of the group. (minimum two-hour rental required)

Group of 19 or less	$65 per hour
Group of 39 or less	$90 per hour
Group of 59 or less	$115 per hour
Group of 79 or less	$140 per hour
Group of 99 or less	$165 per hour

FACILITIES

Please park in the North parking lot while using the facilities. Patrons must provide their own locks and towels. Locks may not be left on overnight.

SPECIAL EVENTS

At various times during the year the pool may be closed because of a very special event such as a swim meet. Signs and schedules are posted at the pool informing the public of such events.

REGISTRATION

Registration for all swim programs will take place **during the open swim and adult swim times.** Please call the pool office at 936-0869. The BBCHS pool reserves the right to cancel any program due to lack of registration with a full refund. All classes have set limits to assure quality instruction.

PRIVATE LESSONS

Private lessons are available and can be arranged by contacting the Aquatics Director, Scot Boudreau at 936-0869.

Residents	$20 per ½ hour
Non-Residents	$28 per ½ hour

Registration will be held at the BBCHS Pool during the open swim and adult swim times

NOTE: Current BBCHS pool policy states that all children 7 & Under must be accompanied by an adult in the water.

B.B.C.H.S. NATATORIUM

POOL INFORMATION

Fall/Winter/Spring 2009 - 2010

OPEN SWIM

Saturday 1:00pm - 3:00pm
Tuesday and Thursday 7:00pm - 9:00pm

ADULT LAP SWIM

Monday thru Friday 5:45am - 6:45am
Monday and Wednesday 7:00pm - 9:00pm
Saturday 12:00pm - 1:00pm

DAILY RATES

Resident	Non-Resident
$3.00 per person	$4.00 per person

YEARLY POOL RATES

Senior Citizen	$5	Non-Resident	$35
Single	$55	Non-Resident	$83
Family	$83	Non-Resident	$108

(Replacement of a lost pass $4.00)