

BBCHS

Counseling Department Freshman Newsletter

Volume 4, Issue 2

1st Quarter 2011-2012

School Counselors: Who they are and what they do at BBCHS

COUNSELING CALENDAR OF EVENTS

October

10/24 2nd Quarter Begins
10/26 Early Dismissal

November

11/3 Late Arrival
11/3 & 11/8 Parent/Teacher
Conferences
11/11 Veterans Day
No School
11/23-11/25 Thanksgiving Vacation
No School

Freshman year and the transition to high school can bring a lot of first time experiences for students that can be both challenging and rewarding. One of those first time experiences might be working with a school counselor. Although most schools have counselors, many students have attended the last nine years of school without ever meeting their counselors. In high school student will meet with that person each year.

Who are school counselors?

Professional school counselors, formerly referred to as “guidance counselors”, are professional educators who have a master’s degree or higher in school counseling. They consult and collaborate with teachers, administrators, and families to help all students be successful academically, vocationally and personally.

Counselors

Mr. Wunder	A - Ch
Mr. Lamie	Ci - Goo
Mrs. Howard	Gor - Lam
Mrs. Kashanitz	Lan - On
Mr. Luhrsen	Oo - Si
Mrs. Stover	Sm - Z

What do school counselors do?

- Social/Emotional counseling
- Academic guidance and academic support
- College Counseling
- Serve on special education team
- Career awareness and exploration



Technology Corner

- Parents have received an access key to sign up for Infinite Campus. Instructions on how to access the site are located on the BBCHS website.



All students at BBCHS are assigned to a half hour study hall opposite their lunch. Rather than a study hall, many freshman students will have a unique experience

Freshman Advisory

called Freshman Advisory. They will work with their upperclass mentors who will run lessons with them twice a week on a variety of topics including academic skills, personal goals, and social skills. These lessons will focus on helping the students adjust to

high school. On the days that the mentors are not presenting lessons, they will be available for tutoring. Peer tutoring is a great way to help students be successful in high school. So, please make sure your student is utilizing this opportunity.

Infinite Campus Parent Portal

BBCHS parents are able to check their student's grades online. By simply registering on the school website, parents and students can access current grades, upcoming assignments, attendance, and unofficial transcripts. You can even see each graded assignment and test for your student's classes. If you have questions regarding your stu-

dent's progress, you can also access teacher's emails. To register, go to the school website at www.bbchs.org and under the "For Parents" title, select the "Infinite Campus Portal" link. The site will explain the registration process. If you can't find your Access Code just email or call Dolly LaRocque at DLaroc-

que@bbchs.org or phone extension 6039 with your student's information and she will regular mail you the Access Code number that you need to get registered online.



Parent /Teacher conferences

Parent/Teacher Conferences will be November 3rd and 8th. Students will have a late arrival on the 3rd and Conferences will be 5 p.m. to 8 p.m. On November 8th, they will have a regular school day and Conferences will once again be 5 p.m. to 8 p.m. Just like last year, appointments with teachers will be scheduled through the school website. If you do not have internet access, call 815 -937-3707, extension 6600. If you have any concerns about your student's grades or classes, this is a great opportunity to talk with his or her teacher. If you have other concerns that you would like to talk with a counselor about, those appointments will need to be made through the Counseling Office at extension 6040. The Counseling Office will also have a table full of free information in the lobby so please stop by and check it out!



Graduation Requirements for 2015

21 Credits Required for Graduation

Department	BBCHS Graduation Requirements	Illinois Colleges/Universities Recommendations*
English	4 Credits	4 Years
Mathematics	3 Credits and Completion of Geometry and Algebra	3-4 Years
Science	2 Credits	3 Years
Social Science	1 Credit World History/ Global Perspectives 1 Credit US History .5 Credit Consumer Ed	3 Years
PE or PE Waiver	2.38 Credits (7 semesters)	3 1/2 Years of PE and 1 semester of Health
Health	.5 Credit	
World Language	None	2 Years of Same Language
Career/Tech Education	None	1-2 Semesters of Keyboarding Experience
Freshman Advancement Seminar/Class	Must be enrolled	

* Each University has specific requirements

Most colleges and universities require slightly more credits for admission than are required to graduate from high school.

Time to get organized!

Are you unorganized? Do you complete your homework, but can't find it in your book bag? How can you stay organized for school? Here are five tips for organization:

1. Write everything down in your planner
2. Clean your study area – clutter leads to distraction
3. Keep work separated in folders or in a binder
4. Set your bookbag by the door before you go to bed
5. Use weekends to finish projects, papers, and research

Time never slows down. We need to come up with helpful ways to manage a schedule. **WRITE EVERYTHING DOWN IN A PLANNER.** By putting information in our planners, we eliminate the frustration of forgetfulness. **ESTABLISH A STUDY HABIT.** Schedule a block of time each night for studying. This routine will become a habit for success. **LIMIT YOUR STUDY TIME TO TWO HOURS A NIGHT.** Your brain needs to process information. Give it a break.